

Picture This – Understandable Explanations for Patients through Visual Aided Education

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Background

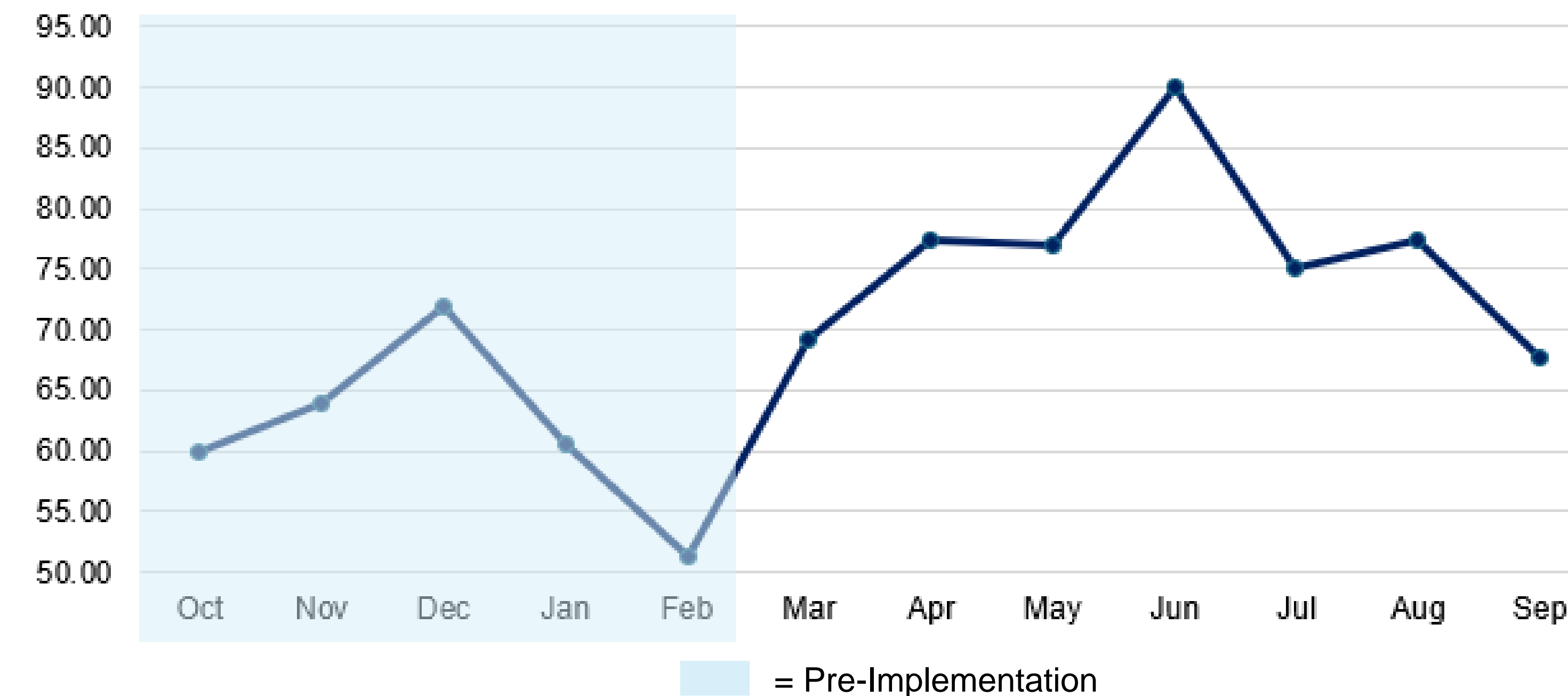
At MFSMC, a primary focus was improving nurse communication. The cardiac unit had the greatest opportunity to improve their understandable explanations. A PCT noted patient frustration with only verbal explanations, leading to the creation of "Picture This" – pages with simplified information, pictures, and essential details for six common conditions.

Purpose

The purpose of this initiative was to promote understandable explanation to patients and families on a telemetry unit to improve overall patient experience.

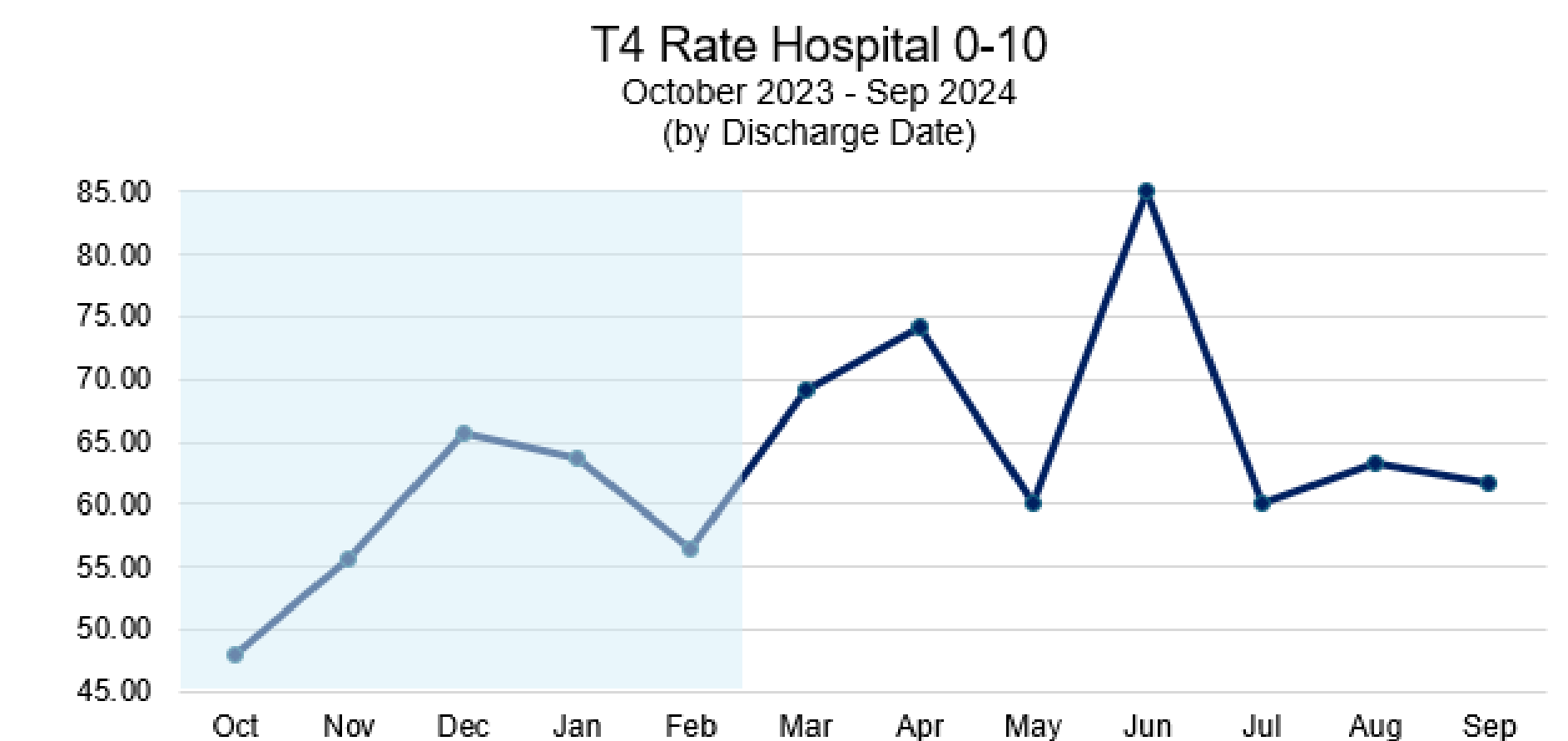
Outcomes/Result

T4 Nurses Explain in a Way You Can Understand
October 2023 - September 2024
(by Discharge Date)



Conclusions

Understanding patient preferences and literacy empowers patient involvement and adherence to care plan. This leads to better clinical outcomes for patients, in addition to a better overall experience.



Methods

What is Atrial Fibrillation?
AFib is an irregular, fast heart beat

How does this affect me?
Possible side effects include:
• stroke
• chest pain
• fainting

What do I need to know?
You may take:
• medication to slow rate or fix rhythm
• blood thinners to prevent clots

Name	Score (Hearts)
Chelsea	1
Matt	2
Gina	2
Arathi	2
Ivan	2
Connie	0
Gus	1
Tina	0
Romero	0
Keisha	2
Juse	2
Tiara	2
Asiah	2
Charnea	2
Ally McAdams	3

Next Steps/Future Research

1. Sustainability on telemetry unit
2. Implementation on other units
3. Expand "Picture This" to other conditions and procedures
4. Encourage physician usage to promote consistent messaging