

## PERIANAL ABSCESSES AND FISTULAE

Austin Person, MD Colorectal Surgeon Methodist Health System February 22, 2025

## **DISCLOSURES**

• None

### **ANORECTAL ABSCESSES**

• Incidence

- About 15 patient per 100,000 individuals
- More common in males by ratio of 2.5:1
- Mean age: 40
- Causes
  - Cryptoglandular
  - Crohn's

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#### Anal sinuses Anal columns **Pectinate Puborectalis** (dentate) line Rectum External anal Anocutaneous line Anus sphincter Anal canal Cleveland Clinic

Internal anal sphincter

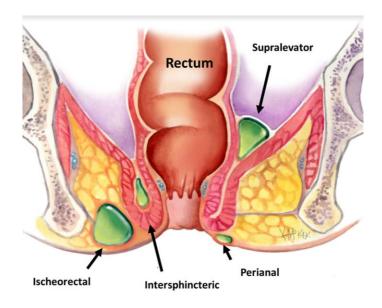
**Anus** 

### **ANORECTAL ANATOMY**

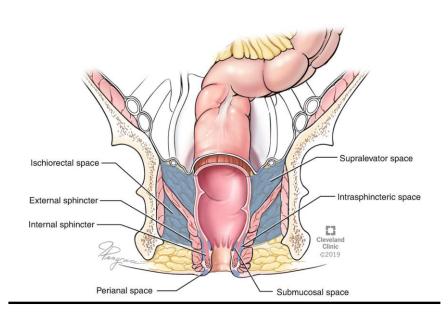
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# ANORECTAL ABSCESSES



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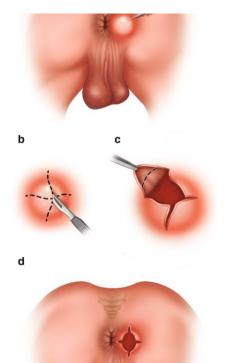
## **HORSESHOE ABSCESSES**



## DIAGNOSIS

- Physical Exam
- +/- CT scan

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## **TREATMENT**

- Incision and Drainage
- +/- Antibiotics
  - Immunosuppressed
  - Cellulitis
- Sitz baths

### PERIANAL FISTULA

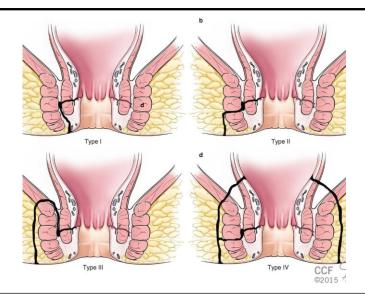
- 90% related to cryptoglandular abscesses
  - Also seen in Crohn's, obstetrical injury, HIV, sarcoidosis, TB
- Occurs in 30-40% of patients with perianal abscesses

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# PERIANAL FISTULA PRESENTATION

- Recurrent abscess in same location
- Constantly draining focus adjacent to anus



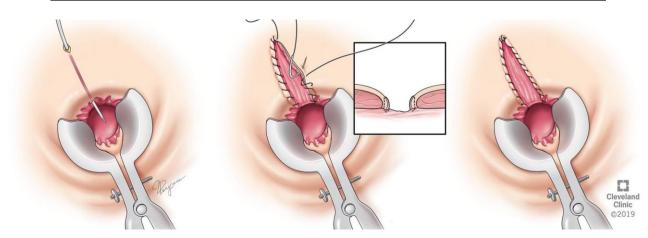
## PERIANAL FISTULA TYPES

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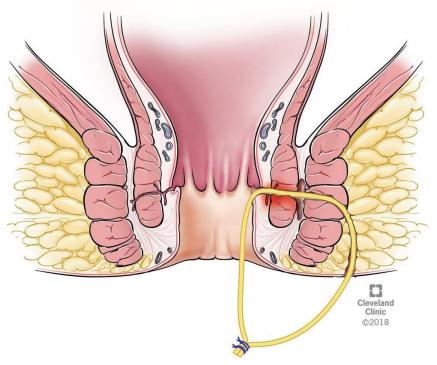
#### TREATMENT OF PERIANAL FISTULA

- · Three main goals
  - · Control sepsis
  - Definitive repair of fistula, limiting risk of recurrence
  - Maintenance of continence
- · Depends on the anatomy of the fistula tract
- Perform Examination Under Anesthesia to determine treatment
  - · Submucosal?
    - · Fistulotomy
  - · Transsphincteric?
    - · Place seton
  - Intersphincteric?
    - · Place seton?
    - · Fistulotomy?

## **FISTULOTOMY**



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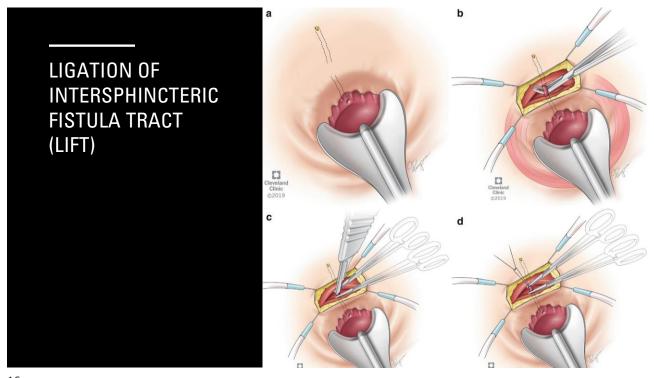


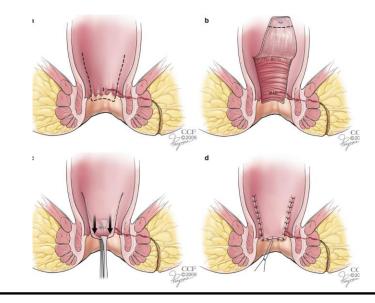
## SETON PLACEMENT

### **COMPLEX PERIANAL FISTULA REPAIRS**

- Ligation of Intersphincteric Fistula Tract (LIFT)
- Endorectal Advancement Flap (ERAF)
- Fistula Plug
- Fibrin Glue
- Fistula Tract Laser Closure
- Stem Cell Therapy

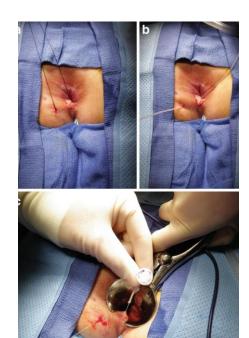
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**ENDORECTAL ADVANCEMENT FLAP** 

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## FISTULA PLUG

- Can be composed of biologic or synthetic material
- Placement can be combined with other surgery
- Success rate 24-88%

### THE OTHERS...

- Fibrin Glue
  - Success rate: 14-94%
- Fistula Laser Tract Closure
  - Success rate: 33:71%
- Stem Cells
  - Success rate: 54% with stem cells alone, 83% with stem cells and fibrin, 18% with fibrin alone
  - · Studies are ongoing

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## THANK YOU.

