



Thank you for your interest in Nebraska Methodist College's Master of Occupational Therapy program.

Nebraska Methodist College's Master of Occupational Therapy program offers the best of both learning environments, blending engaging online coursework with dynamic face-to-face classes. Our communityfocused curriculum provides multiple opportunities for hands-on experience in real-world settings starting as early as your first semester.

If you are a compassionate individual dedicated to making a meaningful impact in the lives of others, NMC's program may be the perfect fit for you. With a Master of Occupational Therapy degree from Nebraska Methodist College, you'll be equipped to help patients overcome challenges and regain independence, enabling them to engage in daily activities and maintain a fulfilling quality of life.

We look forward to supporting you on your journey to becoming a Nebraska Methodist College graduate.

Kendra Craven Dean of Health Professions Nebraska Methodist College



Master in

OCCUPATIONAL THERAPY

Program Highlights

- On-campus and online hybrid format combines classroom learning, research assignments, lab work and fieldwork teaching formats in a six-semester, 24-month program.
- Fieldwork experiences begin in the first semester, providing students with hands-on learning opportunities in rural and urban areas throughout the country.
- NMC's Master of Occupational Therapy (MOT) program has 20-24 graduate students per year, assuring an acceptable faculty-to-student ratio.
- The employment outlook for occupational therapists is 11%, much faster than average, for 2023-2033. The median salary for 2023 was \$96,370 (\$46.33/hour).

Curriculum

- The graduate MOT curriculum includes classroom, laboratory and Fieldwork Level I and Level II experiences. The hybrid program engages learners in autonomous learning online, and students have face-to-face connection with instructors and peers during on-campus learning.
- The MOT degree addresses all relevant and purposeful content for success as an entry-level practitioner according to the current Accreditation Council for Occupational Therapy Education (ACOTE) standards for the master's degree.
- Graduates of the MOT program are eligible to take the National Board for Certification of Occupational Therapists (NBCOT) examination. After certification, graduates must also meet the licensure requirements for the state in which they choose to practice.

Program Admissions Criteria

Applicants are evaluated on the basis of the following criteria:

- BA or BS degree (or higher) in a related field or occupational therapy assistant (OTA) associate degree from an accredited university or college.
- · Cumulative GPA of 3.0.
- Success in previous math and science courses.
- Fulfillment of program technical standards.
- Prerequisite courses must be completed (waived for those with an OTA associate degree).
- · Alignment of mission with NMC.
- · No GRE required for admission.
- Graduates of an OTA associate degree must also demonstrate
 the following: 1) Successful completion of the NBCOT exam for
 the occupational therapy assistant, 2) At least one year full-time
 practice (or its equivalent) as an occupational therapy assistant,
 3) Current and active licensure in their state of practice, and
 4) No record of complaints against the applicant through the state
 licensure board or NBCOT.

Prerequisites

Prerequisites do not need to be complete at the time of application but must be finished prior to fall start date. It is preferred (but not required) that applicants have no more than three incomplete or in-progress prerequisites at the time of application. Prerequisites are waived for occupational therapy assistants (OTAs) with an associate degree who have worked full-time for one year.

Required Math/Sciences Courses:

- Human Anatomy with Lab (or combined Human Anatomy and Physiology I and II with Labs).
- Physiology with Lab (or combined Human Anatomy and Physiology I and II with Labs).
- One course of Biology or Physical Science with Lab.
- · Statistics.

Required Psych and Social Sciences:

- Three Psychology courses (must include general, developmental/lifespan and abnormal psychology).
- · Sociology or Anthropology.
- Speaking/Speech/Communication Course.

Required General Courses:

- Medical Terminology.
- · Ethics, Theology or Philosophy.

Program Application Process

To be considered for admission, the following items must be submitted to the Occupational Therapy Centralized Application Service (OTCAS):

OTCAS application - otcas.liaisoncas.com.

- Two professional and/or academic references.
- · OTCAS Personal Statement.
- · Resume.
- Official transcripts from all colleges attended.
- Observation hours are not required but highly recommended.
- Select qualified applicants will be invited to participate in an interview.

Important Dates:

Priority Deadline: 1/31/2025

Standard Deadline: 7/11/2025 or on a rolling basis until cohort is full. Classes begin: 8/18/2025



Fall Semester,	Year 1	18 Credit Hours
OTH 501	Pathology and Occupation	2
OTH/SCI 505	Advanced Anatomy and Applied Physiology + Lab	4
OTH 511	Foundations of Human Occupation	3
OTH 531	Kinesiology for Occupational Performance	3
OTH 571	Population Health + Lab	3
OTH 581	Critical Reasoning 1	1
OTH 591	Level IA Fieldwork: Population Health	2
Spring Semes	ster, Year 1	18 Credit Hours
OTH 541	Neurologic Rehabilitation + Lab	4
OTH 561	Lifespan Engagement: Adult and Elderly Health	4
OTH 582	Critical Reasoning 2	1
OTH 592	Level IB Fieldwork: Mental and Behavioral Health	2
OTH 621	Applied Analysis of Research	3
OTH 671	Mental and Behavioral Health + Lab	3
OTH 682	Documentation and Reimbursement	1
Summer Semester, Year 1		10 Credit Hours
OTH 551	Adaptive Technologies and Modifications	2
OTH 661	Lifespan Engagement: Children and Youth 1 + Lab	3
OTH 681	Critical Reasoning 3	2
OTH 691	Level IC Fieldwork: Adult Rehabilitation	1
OTH 721	Specialty Practice in Occupation	2
Fall Semester	, Year 2	18 Credit Hours
OTH 631	Orthotics, Prosthetics, and Physical Agent Modalities + Lab	2
OTH 651	Medically Complex Rehabilitation + Lab	4
OTH 692	Level ID Fieldwork: Pediatrics	1
OTH 751	Competency Development	3
OTH 761	Lifespan Engagement: Children and Youth 2 + Lab	4
OTH 781	Critical Reasoning 4	1
OTH 782	Strategic Leadership	3
Spring Semes	ster, Year 2	12 Credit Hours
OTH 775	Level IIA Fieldwork	12
Summer Sem	ester, Year 2	12 Credit Hours
OTH 785	Level IIB Fieldwork	12
	Total	ale 99 Cradit Hause

Total: 88 Credit Hours



Tuition and Fees Information

Scan or click the QR code for information on <u>program tuition</u> and fees.

The entry-level occupational therapy master's degree program is accredited by the Accreditation Council for Occupational Therapy Education (ACOTE) of the American Occupational Therapy Association (ACOTE), located at 7501 Wissonsin Avenue, Suite 510E, Bethesdo, MD 20814. ACOTE's telephone number c/o AOTA is (301) 652-6611 and its web address is www.acoteonline.org. Graduates of the program will be eligible to sit for the national certification examination for the occupational therapysis administened by the National Board for Cartification in Occupational Therapy (NBCOT). After successful completion of this exam, the individual will be an Occupational Therapis; Registered (OTIC). In addition, all states require licensure in order to partice, theowers, estable knesses are usually based on the results of the ROIC Centrification examination. Not that that a felony conviction may affect a graduate's ability to sit for the NBCOT certification examination or attain state licensure. Students must complete Level II fieldwork within 18 months following completion of the didactic portion of the program.

Nebaska Methodist College prohibits discrimination based on race, ethnicity, sex, color, religion, notional origin, physical or mental disability, age, marital status, sexual orientation, pregnancy, gender identity, status as a U.S. Veteran, or other protected class, that adversely affects their employment or education as well as discrimination on the basis of sex in any education program or activity receiving federal financial assistance. The following has been designated to handle inquiries regarding NMCs non-discrimination policies: Executive Vice President at (402) 354-7259. For more information, please see NMCs Equal Opportunity/Nan-Discrimination and Title IX—Sexual Misconduct policies at www.methodistcollege.edu.



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MASTER OF OCCUPATIONAL THERAPY PREREQUISITE COURSES AND DESCRIPTIONS

Completion of the following courses can be accomplished through enrollment (on campus or online) at an accredited university or community college. Prerequisites can be in progress when a student applies to the program; admitted students must complete all prerequisites before the program start date in August. Students must earn a grade of C- or higher in order to fulfill prerequisite courses. Please note that one course cannot be used to satisfy more than one prerequisite.

PREREQUISITE COURSE	SEMESTER HOURS	QUARTER HOURS
MATH/SCIENCE PREREQUISITES (PREFERRED M/S GPA 3.25)		
Human Anatomy with Lab Human Anatomy and Physiology may be taken as separate courses or as a combined anatomy and physiology course. If anatomy and physiology is offered as a two- or three-part sequence (i.e., A & P I and II), all courses in the sequence must be completed. Accompanying lab is required.	4*	6*
Physiology with Lab Human Anatomy and Physiology may be taken as separate courses or as a combined anatomy and physiology course. If anatomy and physiology is offered as a two- or three-part sequence (i.e., A & P I and II), all courses in the sequence must be completed. Accompanying lab is required.	4*	6*
Biology or Physical Science with Lab Any biology, chemistry, or physical science course is acceptable. Accompanying lab is required.	4*	6*
Statistics A one-semester course in general statistics is required. Any basic college-level statistics course will be acceptable. Business, psychology or biological science statistics courses are accepted.	3	4.5

Courses continued next page





PREREQUISITE COURSE	SEMESTER HOURS	QUARTER HOURS
PSYCHOLOGY AND SOCIAL SCIENCE COURSES		
General Psychology A broad and introductory course in General Psychology is required.	3	4.5
Developmental Psychology or Lifespan Development All acceptable courses must cover the lifespan from conception through death and cover social, cognitive, emotional and physical development.	3	4.5
Abnormal Psychology A broad and introductory course in Abnormal Psychology is required.	3	4.5
Sociology/Anthropology Any course from sociology or anthropology department is acceptable.	3	4.5
Speech/Communication Course A one-semester course focused on public speaking or communication is required.	3	4.5
GENERAL COURSES		
Ethics/Theology/Philosophy (also includes religion)	3	4.5
Medical Terminology A one-semester course in Medical Terminology is required.		1.5

*If course has less than the specified number of credit hours, student will be asked to provide a syllabus to verify that the course had a lab component.

The programs, requirements and policies — including, but not limited to, statements on admission, ruition, fees, and course offerings - contained in this guide are effective July 20, 2022 and are subject to change at the discretion of the College without notice, abligation or liability. Any changes may also be applied to currently matriculated students. Updates, notifications, and changes are available at the College website, www.methodist.college.edu.

Nebroska Methodst College prohibits discrimination based on ruce, ethnicity, sex, color, religion, national origin, physical or mental disability, age, marital status, sexual orientation, pregnancy, gender identify, status as a U.S. Veteran, or other protected class, that adversely affects their employment or education as well as discrimination on the basis of sex in any education program or articity receiving federal financial assistance. The following has been designated to handle inquiries regarding MMCs non-discrimination and Title IX—Sexual Misconduct policies at www.methodstradlege.edu.



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Master Of Occupational Therapy Financial Aid Information

At NMC we recognize that your education is an investment. Incoming MOT students are encouraged to complete a FAFSA and to work with our financial aid department to make the best plan. NMC has several scholarships available for graduate students

Available Scholarships:

Cheyla Pettett Memorial Scholarship

The Cheyla Pettett Memorial Scholarship provides a one-time award to a current Occupational Therapy student. This scholarship requires an application process, MOT Students are invited to apply in January of their first year in the MOT program.

NMC Legacy Grant

The NMC Legacy Grant provides a one-time award of \$2,000 to the following:

- Graduates of an NMC degree program
- Siblings of a current NMC student
- Sibling or dependent child of an alumnus of Nebraska Methodist College.

Scholarship funding is limited and distributed based upon deposit date and FAFSA filing date. All students must complete a FAFSA and pay a deposit fee to be eligible. This award is stackable.

The NMC Legacy Grant is available to graduate and undergraduate students.

HOSA Leadership Scholarship

The HOSA Leadership Scholarship provides a one-time \$1,000 award for active member of high school HOSA chapters.

Phi Theta Kappa Scholarship

The Phi Theta Kappa Scholarship (PTK) provides a one-time \$1,000 award for initiated members.

United Methodist Church Member Award

United Methodist Church Member Award provides a one-time \$1,000 award for to active UMC congregation members.

External Funding Opportunities:

Nebraska Loan Repayment Program

Loan repayment awards are available to primary care, mental, dental and certain allied health professionals practicing in shortage areas in Nebraska.

Visit https://dhhs.ne.gov/Pages/Loan-Repayment-FAQ.aspx for more information.



Master Of Occupational Therapy Financial Aid Next Steps



Complete the FAFSA

online at **StudentAid.gov** NMC Code: 009937 2025-2026 FAFSA opens October 2024



QUESTIONS?

Contact your NMC financial aid representative for help:

Bailey Jorgenson

Assistant Director of Financial Aid Nebraska Methodist College Bailey.Jorgensen@methodistcollege.edu (402) 354-6597



MASTER OF OCCUPATIONAL THERAPY

Frequently Asked Questions

1. What is your NBCOT pass rate?

NMC's NBCOT pass rate was 100% for students in the program who graduated in 2023. NBCOT exam results and student outcome data can be found here.

2. What does "hybrid program" mean?

NMC's MOT program is hybrid, which means that we combine on-campus and online formats for classroom learning, research assignments, lab work and fieldwork. The hybrid design of the program allows students to maximize the use of their on-campus time through the purposeful selection of course delivery method. Some courses meet face-to-face, others are fully online, and many use a blended delivery method. Students should plan to be on campus at least 2-3 days per week for hands-on labs; much of the other coursework is posted online for students to access whenever and wherever they study best. iPads will be provided with an integrative protective case and keyboard, pencil, charger and a range of software tools- including a powerful notetaking app to support your learning efforts. These ipads will be available for you to use while you are a student at NMC.

3. Where will my fieldwork sites be located?

NMC has a growing number of fieldwork contracts both locally and throughout the nation. Students likely will travel for Level I and Level II fieldwork, which begins in the first semester of the program. Students have four Level I fieldwork opportunities which are a minimum of 24 hours each, and in addition, there are two Level II fieldwork opportunities at the end of the program which are 12 weeks each. Students are responsible for travel accommodations if and when they travel for fieldwork. Fieldwork sites and schedules subject to change.

4. Can I work during the program?

The rigorous pace of this full-time program makes any outside work inadvisable. MOT is a full time, hybrid program that takes place partially on NMC's campus. First year students start off being on campus roughly 10 hours per week for class, Monday through Thursday, plus any fieldwork, service or research requirements outside of this. The number of hours you will spend per week dedicated to the program (studying, homework, fieldwork, labs, etc.) will be roughly the credit hour total for the semester x 3. For example, if the semester has 15 credit hours we estimate about a 45 hour/ week commitment to the program.

5. What are the prerequisite course requirements?

Please see our degree guide on pages 2-3.

Continued next page



6. Do my prerequisites have to be completed prior to the application deadline?

No. You do not need to have your prerequisites completed prior to the application deadline. You should have some math/science prerequisite courses completed because we evaluate a math and science GPA based on NMC's prerequisites. We prefer for all prerequisites to be completed by the end of the spring semester before you would start the program with us in the fall.

7. Do you require the GRE?

No.

8. Do you accept older coursework?

If a class exceeds five years, we do encourage you to retake the course (especially for math and science courses, as they are foundational for success in your program) because information can change or be lost during that timeframe. If you still feel knowledgeable on the content, you can sign a waiver indicating that you understand the course information and we would accept the prerequisite credits. Additionally, you would be responsible for your success moving onto upper level classes.

9. I think my course will meet a prerequisite requirement, but I'm not sure. How can I check? Please reference pages 4-5 for our MOT Prerequisite Courses and Descriptions guide which details course objectives and credit hour requirements. If you have looked this over and still are not sure whether a course is a good fit, please submit the course syllabus (not course description) to your Recruitment and Admissions Coordinator. After a course is submitted for review, it can take up to two weeks for a final decision.

The best way to obtain a syllabus is to either contact your professor or the registrar's office.

10. How much does the program cost, and what about scholarships?

For current tuition and fees, as well as a reminder of additional out-of-pocket expenses that students are responsible for during the program (i.e., fieldwork uniforms, travel accommodations, etc.), please visit our MOT website and click on the "Tuition & Fees" tab.

MOT students can apply for current student scholarships and are now eligible for the Legacy Scholarship. Visit NMC's Financial Aid page to review <u>scholarship opportunities</u>.

For financial aid information and NMC's FAFSA code, see page 7.

11. Can I take my prerequisites at NMC?

Prerequisite courses are not offered at NMC to prospective MOT students at this time. You may take prerequisite coursework at any other accredited community college or 4-year college or university. We accept courses taken on campus or online.

Continued next page



12. When will I know if I'm accepted?

We begin reviewing all completed applications in OTCAS at the OTCAS priority deadline (See <u>page 2</u>). We then select qualified applicants for an interview.

You should know your admissions status 3-5 weeks after interviews are done and will find out via phone call and/or letter.

13. Won't I need a doctoral degree to practice as an Occupational Therapist?

In April 2019, the decision to mandate the entry-level doctorate was reversed by the American Occupational Therapy Association. Occupational therapists may enter the field with either a master's degree or doctoral degree for the occupational therapists; both degree levels remain acceptable.

NMC offers a Post Professional Doctorate degree for students with this as an educational and career goal.

14. How and when do I get started?

NMC's MOT program only starts once per year in August. Please visit our <u>program website</u> for application deadlines. We strongly suggest that you begin working on your application in OTCAS as early as possible and submit no later than two weeks before the published deadline. This will allow time for OTCAS to verify transcripts and other submitted documents. Check out our NMC blog to read more about the application process: <u>Top 10 Tips for a Successful OTCAS Application</u>

15. Is NMC the right fit for me?

Let's find out! Contact our Recruitment and Admissions Coordinator to learn more about NMC and our MOT program: <u>Jane.Herman@methodistcollege.edu</u> or call (402) 354-7170. We also host <u>MOT Visit Days</u> periodically as an opportunity for you to learn more about our program. We would love to see you there!

(402) 354-7200 admissions@methodistcollege.edu

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OTCAS

Frequently Asked Questions

1. Where do I apply?

NMC only accepts applications through <u>OTCAS</u>. We do not have an additional internal application or fee.

Before you get started, check out our NMC blog post: <u>Top 10 Tips for a Successful OTCAS</u> Application.

2. Where do I send my transcripts and application materials?

All application materials and official transcripts need to be sent to OTCAS: <u>Transcript FAQs</u>. NMC will not accept your official transcripts directly for the program.

3. I'm experiencing an issue with my application—can you help?

To receive assistance with your OTCAS application, please contact their customer service line at (617) 612-2860 or email: otcasinfo@otcas.org.

4. If I haven't completed a prerequisite yet, what do I indicate on the application?

If you have not completed a prerequisite, we will ask that you indicate the intended course number, name and institution where you will be taking the course, as well as the start date. You can leave the grade blank, and it will let us know that the course is in progress.

5. Can you tell me the status of my application?

NMC does not have access to your application until it is verified. You are responsible for monitoring and ensuring the progress of your application via OTCAS.

6. Do you require shadowing or observation hours in the application?

Shadowing is recommended but not required. If shadowing, keep a log of observation hours for your record and then enter this information into your OTCAS application to indicate how many hours and where you shadowed. We have no required number of observation hours.

7. When should I submit my application?

The OTCAS application for NMC opens mid-July, and students will have from that time until the deadline to apply.

We recommend submitting your application 3-4 weeks prior to the OTCAS deadline to ensure that the verification process does not delay the review of your application materials. Take care of items out of your control first, such as requesting your official transcripts and professional references. Transcripts must be requested from the institution and sent directly to OTCAS. This process can take a few weeks and can cause a delay in completing your application in a timely manner.