

SUBJECT:	COVID-19 Travel Policy
REVIEWED/REVISED:	6/16/2020; 8/5/2020; 2/19/2021; 8/2/2021
PURPOSE:	To provide guidance on employee and student travel during the COVID-19 pandemic
POLICY OWNER:	President, CEO

CDC Guidelines for Travel:

The Centers for Disease Control and Prevention (CDC) has recently updated its travel guidelines in conjunction with the administration of the vaccine. Here are some highlights:

- [Masks are required](#) on planes, buses, trains and other forms of public transportation while traveling into, within or out of the United States. Masks are also required in U.S. transportation hubs such as airports and stations.
- If you are eligible, get fully vaccinated for COVID-19. Wait two weeks after getting your second vaccine dose to travel – it takes time for your body to build protection after any vaccination.
- Get tested with a viral test 1-3 days before you travel. Keep a copy of your test results with you during travel in case you are asked for them. Do NOT travel if you test positive.
- All air passengers coming to the United States, including U.S. citizens, are required to have a negative COVID-19 test result or documentation of recovery from COVID-19 before boarding a flight to the United States. [Click here](#) for more information about this requirement.
- CDC recommends that you get tested three to five days after travel AND stay home and self-quarantine for seven days after travel.
 - Even if you test negative, stay home and self-quarantine for the full seven days.
 - If you don't get tested, it's safest to stay home for 10 days after travel.
- Always follow [state and local recommendations or requirements](#) related to travel.

NMC Policy:

- NMC faculty, staff and students who have traveled on planes, buses, trains and other forms of public transportation while traveling into, within or out of the United States may immediately return to campus as long as they are not having symptoms of illness. All must follow established hand washing, masking, protective eye wear, self-monitoring of symptoms, and social distancing guidelines. If you develop symptoms:
 - Call Campus Health at (402) 354-7211 for further direction.
 - Wear a mask at home until you are cleared to return to campus.
- Travel guidelines are subject to change – please check back often for updates.