

Background

Managing complex chronic conditions in older adults poses challenges

New York has the 4th largest population of older adults

Westchester County, NY

- 18.8% of population over Age 65
- ✓ Slightly over state average
- ✓ Slightly over the National Average

The 4M's framework is crucial due to potential challenges with polypharmacy, functional decline, mobility issues, and mentation.

Person-Centered Care/ Human Experience

Purpose

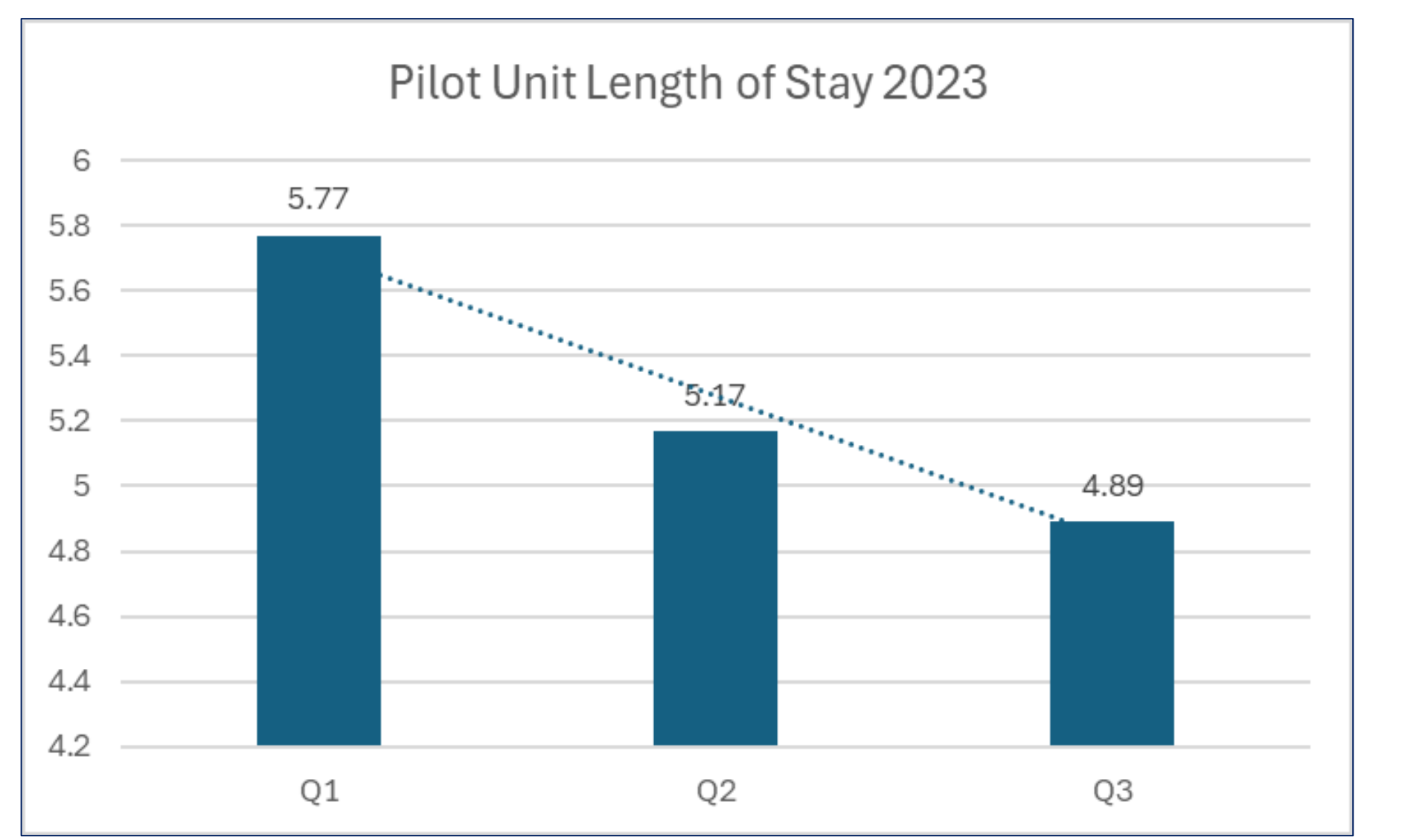
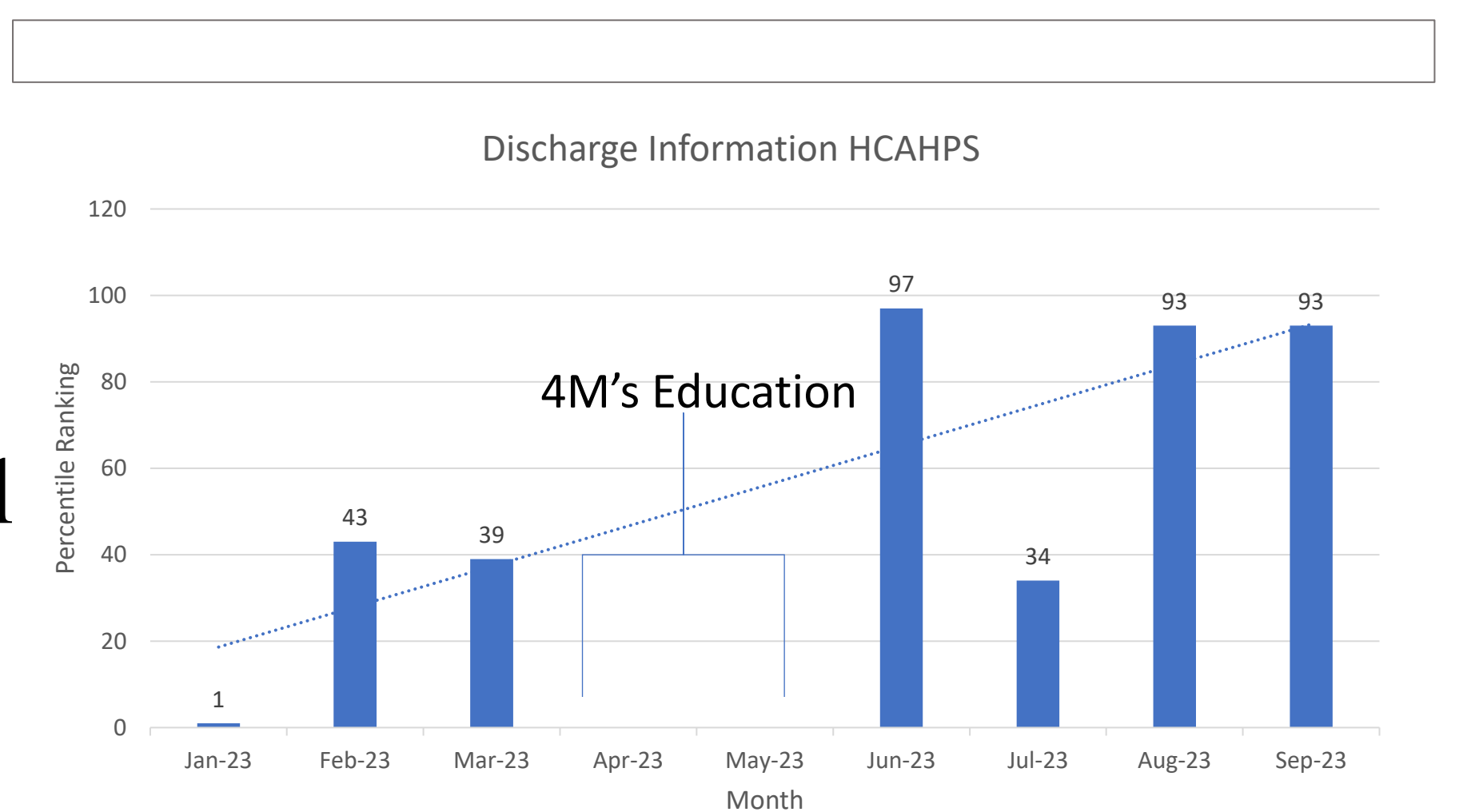
To provide evidence-based, person-centered care that promotes health, safety, and respectful care for the older adult.

Improve the overall well-being and outcomes for older patients through structured interdisciplinary collaboration.

My Dad: What Mattered to Him. What Mattered to Me.

Outcomes/Results

- 2023 Zero Hospital Acquired Pressure Injuries**
- 2023 Zero CAUTI's**
- 2023 Zero CLABSI's**
- 2023 Discharge Information HCAHPS**



Methods

The setting was an inpatient oncology unit. An interdisciplinary PDSA approach assessed current practices

- **What Matters Most?: On Admission, White Board**
- **Medications: Med Reconciliation, Med Review**
Assessing for High-Risk Medications
- **Mentation: Sleep Hygiene, Day time Engagement**
- **Mobility: Promote daytime mobility/activity**



Conclusions

- ✓ Improving nursing knowledge and clinical engagement facilitated the evolution into a model of the 4M's framework.
- ✓ Collaboration with the Interdisciplinary team
- ✓ This 4M's framework provides a consistent, personalized model of care to promote improved experience for patient/ care partner and patient
- ✓ While on 4M's journey, consider future work

Next Steps/Future Research

- Nursing Research focusing on the Patient Perception of What Matters Most
- Ambien (Zolpidem) Use
- Timing of Lasix (Furosemide)
- Tizanidine use in post operative spinal patients
- Decreasing Anxiety in COPD patients
- Creating a delirium order set
- How is Haldol used vs. Best practice
- Mobility pathway for COPD patients